

BALI: BETWEEN NATURE, CULTURE & SHARING

Looking for an authentic, colorful journey filled with meaningful encounters?
This 13-day itinerary will allow you to fully immerse yourself in Balinese culture.

What better way to start this program than in the vibrant cultural heart of Ubud: between a mountain bike ride through the rice fields, a traditional dance performance, and your participation in a purification ceremony called melukat in a hidden temple surrounded by nature.

You will visit the village of Sangeh, known for its monkey forest, walk through the UNESCO-listed rice terraces of Jatiluwih, and meet the family of Ibu Sastra, where you'll have the chance to enjoy a typical Balinese meal!

Located in the north of the island, Munduk will dazzle you with its mystical beauty — lakes, plantations, tropical jungle, and waterfalls. You'll be accompanied throughout by the famous song of the local cicadas!

As your journey continues, you'll unwind in a village where Balinese culture and rice fields are still preserved, and enjoy a moment of tranquility in Amed, where you can explore shipwrecks and vibrant marine life beneath the sea.

A perfect blend of the most beautiful experiences to live on the Island of the Gods!

 Region	Bali
 Activity	Bestseller Family Vacation Hiking & Outdoor Trips Multi-activity trips Travel to unknown corners
 Duration	13 days
 Code	AIBAPEN
 Price	From €1,359
 Level	3/5
 Comfort	3/5

ITINERARY

Day 1 Selamat datang di Bali!



Welcome to Bali! You've just arrived on the Island of the Gods after a long flight.

Your English-speaking driver will pick you up at Denpasar airport and take you to the first stop of your trip: Ubud, where you'll stay for the next three nights.

Take advantage of this free time to wander at your own pace through the charming streets of the island's cultural center.

Optional: possibility to book a massage depending on your flight schedule.

Accommodation: Meruhdani, overnight in a Deluxe Room.

Private transfer with English-speaking driver from the airport to Ubud: 1h20.

No meals included.

Day 2 Free day in Ubud



Enjoy this first day in Bali in complete freedom

Take a stroll through the charming streets of Ubud, visit the Saraswati Temple surrounded by its pink lotus pond, admire the traditional architecture of the Ubud Palace, shop at the newly renovated market, walk along the Campuhan Ridge Walk, savor a coconut ice cream at Tukies, or take part in creative workshops such as a batik or painting initiation or even try playing the gamelan, a traditional percussion instrument used in Bali for various ceremonies.

Accommodation: Meruhdani, overnight in a Deluxe Room

Meals included: Breakfast

No transportation included

Day 3 Ubud: between culture & traditions!



Saddle adjusted, helmet on... ready?

You're off for a lovely cycling trip through the Balinese countryside, among rice fields, temples, villages, and other local crops.

You'll then make a stop at Pura Pecampuhan Sala. Pura means "temple" in Balinese.

In this sacred temple, cherished by the Balinese, you'll be invited to take part in a melukat purification ceremony, dressed in your finest sarong.

Throughout the 17 ritual stages, you'll move through pools and waterfalls with your offerings, seeking blessings from Mother Nature.

In the early evening, return to the center of Ubud to attend a traditional legong dance performance. These dances tell the myths and stories of Hindu culture, captivating with their unique movements and enchanting musical rhythm.

Accommodation: Meruhdani, overnight in a Deluxe Room.

Meals included: Breakfast.

Full-day accompaniment with English-speaking driver – 2 hours of cycling.

📍 Day 4 **On the road to Munduk!**



On the way, your first stop will be at the Sangeh Monkey Forest, where several groups of macaques live freely. The 17th-century Bukit Sari Temple is located within the forest.

Next, you'll meet Ibu Sastra and her family, who live in the Wangayagede area. You'll sit down together to enjoy a hearty nasi campur, a dish that brings together various local specialties.

You'll then continue your journey to visit Jatiluwih, does the name sound familiar? These rice terraces are listed as a UNESCO World Heritage Site. In

this endless sea of greenery, take your time to stroll at your own pace and observe the meticulous work involved in rice harvesting.

Transfer to your hotel located in Munduk.

Accommodation: Sri Lestari, overnight in a Double Bungalow.

Meals included: Breakfast & lunch.

Transfer Ubud – Sangeh – Jatiluwih – Munduk: 3 hours.

📍 Day 5 **Waterfalls & plantations**



This morning, accompanied by the song of cicadas, you'll set off to explore the Munduk region, a land of jungle, waterfalls, and lakes! A true change of scenery awaits you!

With your local guide, you'll enjoy a two-and-a-half-hour hike through clove, cocoa, and coffee plantations, discovering beautiful hidden waterfalls along the way.

Don't hesitate to stop by the village of Gobleg to enjoy a delicious homemade cinnamon hot chocolate served with pisang goreng (fried bananas).

In the afternoon, a traditional boat ride on Lake Tamblingan awaits! Let yourself be carried away by the birdsong and the peaceful atmosphere surrounding this place.

Return to your accommodation in the late afternoon.

Accommodation: Sri Lestari, overnight in a Double Bungalow.

Meals included: Breakfast.

Full-day accompaniment with your English-speaking driver.

2.5-hour walk, 1-hour canoe crossing.

📍 Day 6 **Sambangan & its natural slides!**



Accompanied by a local guide, you'll go on a downhill hike through plantations and rice fields. You'll stop at a local family's house for a short snack break along the way before reaching the beautiful Aling Aling waterfall to enjoy its viewpoint and swim a bit further at Blue Lagoon and Kroya, with a life jacket available if needed. For the more adventurous: jumps and natural slides are on the program. Lunch will be served as a lunchbox.

Afterwards, you'll continue to the village of Kintamani, a region where you'll take a walk around the lava fields surrounding the volcano before being transferred to your accommodation.

Accommodation: Pramana Zahill, overnight in a Standard Room.

Meals included: Breakfast & lunch served as a lunchbox.

Transfer Munduk – Lovina – Kintamani: 2h40

Activities: Around 3h exploring the Sambangan waterfalls, approximately 2h walk around the Caldera.

📍 Day 7 **Ascent of Mount Batur & drive to Sidemen!**



Early wake-up to start the night ascent of Bali's most famous volcano: Mount Batur. Don't forget your headlamp, warm clothes, and good walking shoes to reach the summit! About two hours of hiking will take you to admire the sunrise over Lake Kintamani, with Mount Abang and Mount Agung in the background.

At the end of the climb, enjoy a relaxing moment in the hot springs. Don't forget your swimsuit and a change of clothes. Changing rooms are available on site.

On the way, you will stop at Bali's Mother Temple, the sacred Besakih Temple. Impressive for its architecture, it is the main spiritual center for the island's inhabitants, who regularly come here on pilgrimage. Take in the serene beauty of this sanctuary.

Transfer to your accommodation in Sidemen.

Optional: possibility to book a massage at your hotel.

Accommodation: Sawah Indah, overnight in a Deluxe Room with rice field view.

Meals included: Breakfast.

Hiking time: 4 hours, 700m elevation gain/loss.

Transfer Kintamani – Sidemen: 1h40.

📍 Day 8 **Full-day immersion in Balinese culture!**



Today, you'll learn how to cook traditional Balinese dishes, take a walk through the surrounding rice fields, and discover how to make offerings using palm leaves.

For the grown-ups, taste the local alcoholic drink made from coconut sap called arak, and prepare jamu, an orange-colored beverage made from ginger, turmeric, and other delightful plants known for their healing properties. You'll also discover the meticulous art of lontar, wood carving on palm leaves.

Return to your hotel in the afternoon to enjoy some free time in the lush green valley of Sidemen.

Free time at the end of the day.

Accommodation: Sawah Indah, overnight stay in a Deluxe Room with rice field view.

Meals included: Breakfast and lunch.

Activity scheduled from 9:00 a.m. to 3:00 p.m.

📍 Day 9 **Moments of sharing to enjoy without moderation!**



You are heading to the village of Seraya, to spend a day with the family of Kadek & Made, a beautiful human experience to share.

Before settling in with our hosts, we will stop at the Gembleng waterfalls and natural pools, which offer a panoramic view of the jungle. Don't forget your swimsuits! You will need to climb over 100 steps to access them!

Your adventure continues with the discovery of the water palace of Taman Ujung. It is the twin site of Tirta Gangga, also built by the late Raja of Karangasem. The complex consists of several large pools and historic

structures set against the backdrop of Mount Agung and the eastern shoreline.

Transfer in the mid-afternoon to Seraya.

Immersed in local life, we will explore our hosts' garden. They will proudly show us their vanilla, pineapple, and rambutan plantations (the local lychee). Then, accompanied by the father of the family, Kadek, you will hike to a hilltop temple to receive a blessing during a Balinese ceremony.

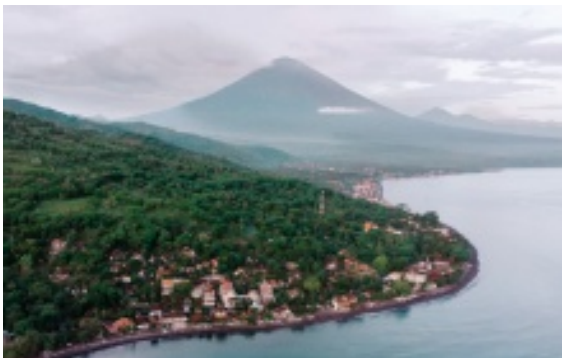
Accommodation: Homestay in Seraya

Meals included: Breakfast & dinner.

2h drive from Sidemen to Seraya with stops.

Accompaniment with your English-speaking driver throughout the day.

📍 Day 10 **Heading to Amed!**



We leave our hosts of the day to reach our next stop: Amed. Free program during this day.

Optional: traditional boat ride for the sunset, massage, visit to the water temple of Tirta Gangga...

Accommodation: Puri Wirata, overnight stay in a Deluxe room.

Meals included: Breakfast included.

Transfer from Seraya to Amed: 1h20.

📍 Day 11 **Like a fish in water!**



Today, you will explore the underwater world of Amed. You might even get the chance to see clownfish or boxfish!

Afternoon at leisure.

Accommodation: Puri Wirata, overnight stay in a Deluxe Double Room.

Meals: Breakfast included.

📍 Day 12 **Hello Sanur!**



In the morning, you leave Amed with your driver to reach the beach resort of Sanur.

On the way, you will stop at Virgin Beach, a beautiful local white sand beach. Swimming in the crystal-clear water and snorkeling along the cliff on the left are possible for experienced swimmers.

Transfer to Sanur.

Accommodation: Kembali Lagi, overnight stay in a Standard room.

Meals included: Breakfast.

Transfer Amed – Sanur: 2h50 with stops along the way.

📍 Day 13 **It's just a goodbye!**



You leave with your driver heading to the airport.
End of our services,

Meals included: Breakfast

Transfer Sanur – Denpasar Airport: 35 min.

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Price

From €1,360 based on 2 people in mid-season.

*Price subject to availability at the time of booking.

The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.

Included

- The 12 nights in the accommodations mentioned in the program, with breakfasts included
- Accompaniment in a private vehicle with air conditioning, mineral water on board, and your English-speaking driver throughout your stay in Bali
- The meals mentioned in the program, including the lunch with the local family in Wongayagede & Seraya
- Local guides for the hikes in Munduk, Sambangan, the Caldera & Mount Batur, and Seraya
- The activities mentioned in the program
- Equipment included for the activities in the program: snorkeling, cooking class, mountain biking
- A customized digital travel book
- A phone number available 24/7 in case of emergency

Not included

- International flights
- The tourist visa to be paid upon your arrival in Indonesia (500,000 IDR per person ≈ 30 euros)
- Your travel insurance
- The entrance fee for the preservation of cultural & natural heritage (150,000 IDR per person ≈ 9 euros)
- Optional activities
- Meals not mentioned in the program, namely lunches and dinners
- Beverages other than mineral water
- Tips (approximately 3–4 euros per person per day)

International flights

International flights are not included in this package; however, please feel free to ask us for our advice on your flight bookings.

Terms and conditions

Booking conditions

Booking a trip with Altaï Indonesia implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 35% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail with your booking confirmation.

Invoice procedure

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 35 days before your departure date. Altaï Indonesia reserve the right to cancel your booking, free of charge, if this deadline is not respected.

Cancellation policy

If for any reason you have to cancel your trip, Altaï Indonesia require written confirmation of your decision. The money you have paid will then be refunded according to the following deductions:

- Cancellation received more than 30 days prior to the departure date: a sum of €50 per person will be retained

- Cancellation received 30 to 21 days before the departure date: your deposit, 30% of the total trip price will be retained
- Cancellation received 20 to 14 days before the departure date: 50% of the total trip price will be retained
- Cancellation received 13 to 7 days before the departure date: 75% of the total trip price will be retained
- Cancellation received less than 7 days before the departure date: 100% of the total trip price will be retained

Special cases:

Please note that, regardless of the date of cancellation or modification if you have agreed to pay for services such as hotel reservations, flights or additional activities, these services are usually non-refundable so additional fees may apply.

- Fixed airfares: if your airline ticket was issued in advance, often done to avoid significant surcharges, you will be charged 100% of any non-refundable fees if you wish to change or cancel your flight plan.
- Fixed in-country costs: early charges for firm bookings will be charged if you cancel or modify your trip.
- Insurance costs: if you have taken out comprehensive or cancellation insurance, the cost of insurance is due and cannot be refunded.

Please note that fees apply according to the date Altaï Indonesia receive your cancellation or modification request in writing.

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

Changes to travel contract

If you wish to make a change to your booking please contact Altaï Indonesia in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Altaï Indonesia may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

Pricing

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. We reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

Contract transfer

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

Insurance

We strongly recommend that you take out personal travel insurance for your trip with Altaï Indonesia as soon as your booking is confirmed. We advise you to purchase a travel insurance policy which covers flight cancellations, luggage loss and emergency health care. Please look carefully at which activities are covered by your insurer and do not forget to bring all necessary documents and information with you (name of the company, name of the contract, insurance policy number, telephone number...)

PRACTICAL INFO

Staff

There are several types of support available:

- English-speaking drivers, or local drivers (with basic English skills). Drivers are the logistical backbone of your trip and will tell you about their island and the places you will visit. They act as stewards but will not participate in activities where you are free to explore on your own.
- English-speaking guides. They can accompany local drivers and will support you during activities and visits throughout your trip as described in your itinerary. Guides are not drivers.
- Local guides (with very limited English) Required for certain activities. They supervise you only during those activities until they are completed.

Food

Dinners, lunches & breakfasts are taken in restaurants or at the hotel.

Be careful not to drink tap water or water from a source you are not sure of. On excursions, water must always be treated, and in town, only bottled water.

Your driver will provide mineral water every day to refill your flask/bottle morning & evening.

Accommodation

Hotels are 3* category: comfort and charm are particularly high.

Transportation

Dinners, lunches, and breakfasts are taken in restaurants or at the hotel.

Be careful not to drink tap water or water from a source you are not sure of. On walks, water must always be treated, and in town, only bottled water.

Your driver will provide mineral water every day to refill your water bottle/matins and evenings.

If you wish, you can bring a specialty from your region to share with your driver or with your hosts.

Budget & exchange

Indonesian Rupiah: the rupiah (IDR)

- Visit this site to know the daily exchange rate: <http://www.xe.com> Euros and dollars are accepted and exchanged into local currency without any problem at the airport and in the many exchange offices on the island. Average cost of a meal in Java: between €3 and €8.
- You will find ATMs (called here ATM) mainly in large cities; it is better to use ATMs located in banks, as they are more secure. Bring cash just in case before heading to Karimunjawa island. ATMs allow you to withdraw rupiah, which will simplify your purchases on site. Each withdrawal is limited to about €100, but you can make several consecutive withdrawals.
- Shopping: Handicrafts to buy on site and awareness about the preservation of animal and plant species: As a general rule, travelers should avoid exploiting the temptation of disadvantaged populations to sell traditional objects or items that are part of the country's heritage (unless they were made solely for sale to tourists). The agreements for species protection (CITES) – which aim to protect more than 2,500 animal species and 30,000 plant species at risk – prohibit the trade of skins, ivory, scales, corals, shells, as well as the import of live exotic animals.

Tips

Tips are not mandatory and should be left to each person's discretion. However, in Indonesia it is customary to leave a tip when you are satisfied with the service provided.

The amount depends on your appreciation of the service and should take into account the local economy. Excessive tips, given the general standard of living in the country visited, can destabilize local economic balances.

An amount of €3 to €5 per person/day, to be split between the guide and the driver, is considered normal.

As a reminder, tips are an extra and do not replace their salary. Indeed, everyone involved in our trips is paid separately.

Vital equipment

The following list is indicative and aims to be as comprehensive as possible.

Head

- Cap or sun hat
- Bandana, scarf, or shemagh to protect the neck
- Sunglasses level 3 or 4 (glacier)

Torso

- 1 or 2 thermal undergarments (short or long sleeve t-shirts)
- Cotton t-shirts (short and long sleeve) OR equivalent (shirts, technical quick-dry t-shirts...)
- 1 light fleece or equivalent
- 1 warm fleece or equivalent
- A breathable waterproof windbreaker with hood, such as Gore-Tex or MTD+
- Rain poncho

Legs

- 1 or 2 long shorts
- 1 comfortable hiking pant (ideally with removable legs)
- 1 spare pant (hiking pants or jeans or equivalent)
- 1 swimsuit

Feet and hands

- 1 pair of waterproof, comfortable trekking shoes with high ankle and non-slip sole
- 1 pair of sneakers or light shoes for easy walks and evenings
- 1 pair of water sandals for snorkeling or swimming (especially for those who don't want to use fins)
- Thick socks for hiking

Material

For your comfort:

- Headlamp + spare batteries
- Multi-purpose pocket knife
- Toiletry kit: biodegradable soap and shampoo, toothbrush, biodegradable toothpaste, razor, no-rinse hand wash gel, etc.
- Microfiber towel: designed for travel, dries very quickly
- Bath towel or pareo
- Waterproof pouches like "Zip Lock": to protect important documents such as passport, money, or electronic devices: cameras, phones so they don't get wet
- Plastic bags or trash bags: for waterproofing your belongings or for dirty clothes
- Camera and/or camcorder with spare batteries and/or chargers (don't forget the battery charger)
- Earplugs

Luggage

All your luggage should be packed into 2 bags:

- A soft travel bag with a side zipper for easier access to its contents, like a duffel bag, around 80 L and maximum 15 kg. Luggage will be transported by vehicle.
- A backpack of about 35 liters to carry your belongings for the day.

Medicine

Bring a good mosquito repellent and consult your doctor to have a well-prepared medical kit ready before departure.

Passport

To go to Indonesia travellers need a passport which is valid for at least six months after the date of entry. It is your responsibility to confirm your specific passport requirements and proof of onwards travel is required.

Visa

Most travelers staying in Indonesia for less than 30 days do not need to obtain a visa. It is your responsibility to confirm your specific visa requirements according to your nationality.

Health information & recommendations

It is your responsibility to check that your personal insurance covers everything in this trip. A consultation with your doctor is a prerequisite for any trip. Malaria prophylaxis is advised if your trip goes to Flores, Komodo, Sumatra, Sulawesi, the Sundra Islands or Kalimantan. Anti-malaria treatments are not necessary in Bali, Java or Lombok. Avoid contact with mosquitoes as much as possible: apply repellents, wear long trousers/sleeves and sleep with a mosquito net. The [World Health Organisation](#) can provide further details of the latest health news and medical advice.

Weather

The climate is equatorial.

Due to its location straddling the equator, Indonesia experiences a consistent climate throughout the year, with variations greatly moderated by maritime influences. The seasons are therefore less distinct. However, as a general rule, the south is cooler and drier.

The average temperature ranges between 24 and 35°C.

Electricity

The electric current is almost always 220V, except in some places where it is still 110V.

Be sure to check before plugging in a foreign electrical device.

Sustainable tourism

Altai Travel works for more responsible tourism and is committed to organizing trips that respect fair and sustainable principles.

The harmonization of practices ensures:

- A fair distribution of economic benefits
- Improvement of working conditions for local teams and raising their awareness of environmental protection
- Informing travelers about respecting local populations and the environment, and collecting their feedback upon return

Adopt simple gestures during your travels and act in favor of responsible tourism:

- Avoid leaving waste behind: dispose of it in bins or take it with you
- Use drinking water sparingly (prefer showers to baths and report leaks) and avoid wasting it (prefer biodegradable soaps for washing, etc.)
- Avoid damaging cultural sites: do not touch statues, do not move stones or objects, etc.
- Prefer exchanges over donations (gifts that are too valuable given the local standard of living can destabilize the local economy)
- While walking, especially in fragile ecosystems, observe wildlife from a distance, stay on paths, limit trampling, and do not collect "souvenirs": refrain from picking rare flowers, collecting fossils, etc.
- In some hotels, you will have individual air conditioning. It is strongly recommended to turn it off when you are not in the room to avoid overconsumption of energy and greenhouse gas emissions.