

HARDCORE TREKKING: 2ND HIGHEST VOLCANO RINJANI

Mount Rinjani is an active volcano in Indonesia on the island of Lombok. It rises to 3,726 metres (12,224 ft), making it the second highest volcano in Indonesia. This package is design for **experienced trekker**. During your 3D2N trekking on M. Rinjani, you will experience from forest/jungle view to volcanic summit view with a 6-by-8.5-kilometre caldera, which is filled partially by the crater lake known as Segara Anak (Child of the Sea), due to the color of its water, as blue as the sea. This lake is approximately 2,000 metres above sea level and estimated to be about 200 metres deep. UNESCO made Mount Rinjani Caldera a part of the Global Geoparks Network in April 2018.

You also have chance to through your body into the **wild hot springs** during your trekking.

Region	Lombok
Activity	Hiking & Outdoor Trips Travel to unknown corners
Duration	7 days
Code	ALINRINJA
Price	From €744
Level	4/5
Comfort	2/5

ITINERARY

Day 1 **Arrive in Lombok - Senaru waterfall hiking - Senggigi**



Arrive at the airport of Lombok, you will be picked up at the airport with a driver and transfer to Senaru for a small waterfall hiking in Senaru waterfall with a local guide. Don't forget to take your swimming suit with you !!! Then you will check in at Senaru lodge for your 1 night before starting your 3D2N Rinjani Trekking trip.

- 2h drive
- 1h waterfall hiking
- Night in Senaru Lodge (simple accommodation)
- No Meals

Day 2 **Your hotel - Senaru Village - Sembalun Village - Crater Rim Sembalun Campsite**



Our driver will pick you up at hotel lobby by 04.00-04:30 AM (Depend on your hotel location) transfer direct to Senaru village. Check in at our office, Breakfast, and Meet the guide and crew for Trekking Briefing, then transfer to Sembalun Village. Before start trekking, you are mandatory to do final registration and scan the barcode of your Trekking Pass at Rinjani National Park Registration Office in Sembalun Lawang (1,156 m). The trek at sembalun will start with the gentle ascend walking through the village, farm area and the open grassland (Savanna) used as cattle grazing by local people. You can see and enjoy the hills of Sembalun and the body of rinjani while your walking.

ATTENTION: Walking through open grassland, sun heat will rise the temperature quickly; please use sunblock and hat. Walking will be more comfortable using short than long pant.

About 2 hours from the gate, you will arrive at Post I (Rest area - Pemantauan - 1.300 masl). Less than another one hour, you will arrive at Post II (Lunch Point - Tengengean - 1.800 masl); here you will enjoy the view while having the lunch.

Post III (Rest area - Padabalong - 1.800 masl) will be about 1,5 hours walk from Post II. and need other 3 -3.5 Hours walking trough steep trail inside the cemara (pine-Casuarinas species) forest before arrive at Pelawangan (Crater Rim Sembalun) Camp area (2.639 masl). Expecting to arrive before sunset; you can enjoy sunset with a cup of coffee or tea while crew preparing your dinner.

After dinner, you can have nice sleep; reload energy for early morning (2 am) walk up before summit attack the next day.

- 2h drive
- 8h hiking
- Elevation: +1489m
- Night in tent
- Meals: B, L, D

Day 3 **Crater rim sembalun - summit - segara anak lake - hot spring water - crater rim senaru**



You have to be ready at 2 am for the summit attack. It's taken 3-3,5 Hours to climb Summit of Mt. Rinjani (3726 m). Once you get there, enjoy proud feelings of satisfaction and the amazing sunrise views across the Wallace Line to Bali, Mt. Agung and Sumbawa Island. Taking photograph about 1 hours and back descend down to the camp area.

Return down the ridge passing numerous edelweiss plants (Bunga Abadi) to the camp for a well-deserved breakfast.

After breakfast you will start descend down to Segara Anak Lake. It's taken about 2-2,5 Hours to the lake. you will enjoy the view of the valley and the great Mt. Sangkareang on west of Rinjani National Park. Once you get there; Porter will be preparing your lunch while guide will take you to the Hot Spring Water. Swimming and soak your body at hot springs, believed to have healing powers. Nature relaxation to bring your power and mood back for the next trip.

Lunch will be at Lake side about 12:00-13:00. Enjoy lake with the great view of active volcano (Mt. Baru) in the middle of the lake while having lunch. About 14:00, you will leave Lake area and start the 2-3 hours ascend up to next camp site (Crater Rim Senaru).

Expected arrive at Crater Rim Senaru before sunset. here you can enjoy great view of the lake which is opposite direction from the Summit, The whole lake with Mt. Baru in the middle of the lake can be seen from here.

Depending of the walking speed and weather; you may enjoy the sunset while enjoying dinner.

- 11h hiking
- Elevation: +1700m, - 500m
- Night in tent
- Meals: B, L, D

Day 4 Crater rim senaru - senaru tropical forest - senaru village - your hotel in Kuta Lombok



After breakfast start descend down to Senaru village (601 m), Rest stop are taken along the way, on normal condition, lunch will be preparing on Post 1 Extra, After six hours walk from the crater rim, the trek ends at Rinjani Trekking Center Office in Senaru, where the car is waiting to transfer Kuta Lombok for 2 nights.

- 2h drive
- 5h hiking
- Elevation: -2040m
- Night in Pullman Lombok Merujani Mandalika Beach Resort 5*: Deluxe Room
- Meals: B, L

Day 5 Free day to relax at your own leisure

Today is a free day to relax at your own leisure.

Some option activities you can also do:

- Easy hiking in 2 waterfalls in the south of Lombok: Benang Stokel Waterfall and Tetebatu Waterfall. (4h drive, 2h hike)
- Visit the traditional Saak village, which is home to the local indigenous people. The Sasak people make up about 85% of Lombok's population, representing the majority of the island's people. The Sasak tribe is the biggest in Lombok. Village life is based around weaving and farming, as Lombok's fertile soil creates the perfect landscape for crops to thrive. (2h drive)

- 3h drive

- Night in Pullman Lombok Merujani Mandalika Beach Resort 5* : Deluxe Room

- Meals: B

 Day 6 **One Day Private Trip Pink Beach Lombok**

 08.00 We will pick you up at your hotel.

09.30 The journey continues on land to Tanjung Luar Harbor in East Lombok, where the Pink Beach Lombok crossing pier is located.

11.30 When you arrive at Tanjung Luar Harbor, our guide will instruct you on how to prepare your equipment, particularly snorkeling gear, before boarding the boat together.

12.00 Arrive at Segui Beach, also known as Pink Beach 2, and take photographs of its natural beauty.

13.00 Visit Pink Beach Lombok, also known as Tangsi Beach. At beautiful Pink Beach, lunch is offered. After that, you can take in the natural beauty of the area by climbing to the top of the tiny hill on the beach.

15.00 Go to Gili Petelu and snorkel to see the island's underwater splendor.

16.30 Visit Pasir Island, a tidal island that lowers at high tide and floats at low tide.

17.30 Return to Tanjung Luar Harbor.

18.00 Arrive in Tanjung Luar Harbor, rinse, and continue your journey back to your hotel.

- 3h drive

- Night in Pullman Lombok Merujani Mandalika Beach Resort 5* : Deluxe Room

- Meals: B, L

 Day 7 **Kuta Lombok - Airport of Lombok - End of you trip**

 Free time at your hotel in Kuta Lombok, according to your flight schedule, our driver will pick you up at hotel and transfer to the airport of Lombok on time.

- 40m drive

- Meals: B

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

Price

From 810€/ person (minimum booking from 2 people)

The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.

Included

- All private transportation with local driver in Lombok
- Accommodation as described for 6 nights
- Private Guide & Porter: Porter will carry all foods and drinks, trekking gears, Cooking utensil, and also your personal belonging that you need on trekking
- Entrance fee/Trekking Pass
- Meals as indicated in the program (B = Breakfast, L = Lunch, D = Diner)
- Trekking gear: Tent, sleeping bag, 6 cm sponge mattress, Pillow, chair, table, toilet tent
- Gallon of water in the car
- 1 day private boat trip to Pink beach Lombok
- Snorkeling gears

Not included

- Activities and visits during your free afternoon/days
- International and domestic Flights
- Personal drinks or meals which are not included in the program
- Tipping (advise: 3 - 5€ /traveler/day)
- Special Tipping for 3D2N Rinjani trekking for porter and local guide (advise: 8 - 10€ /traveler/day)
- Personal gratuities
- Travel Insurance

Notes

- Accommodation upon availability

- This itinerary is provided as an indication: according to the weather and operational conditions, your driver/guide can modify this itinerary for your safety.

- This trip can be 100% customized according to your needs. Pls advise our travel consultant for your tailor-made trip.

Terms and conditions

Booking conditions

Booking a trip with Altaï Indonesia implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 35% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail

with your booking confirmation.

Invoice procedure

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 35 days before your departure date. Altaï Indonesia reserve the right to cancel your booking, free of charge, if this deadline is not respected.

Cancellation policy

If for any reason you have to cancel your trip, Altaï Indonesia require written confirmation of your decision. The money you have paid will then be refunded according to the following deductions:

- Cancellation received more than 30 days prior to the departure date: a sum of €50 per person will be retained
- Cancellation received 30 to 21 days before the departure date: your deposit, 30% of the total trip price will be retained
- Cancellation received 20 to 14 days before the departure date: 50% of the total trip price will be retained
- Cancellation received 13 to 7 days before the departure date: 75% of the total trip price will be retained
- Cancellation received less than 7 days before the departure date: 100% of the total trip price will be retained

Special cases:

Please note that, regardless of the date of cancellation or modification if you have agreed to pay for services such as hotel reservations, flights or additional activities, these services are usually non-refundable so additional fees may apply.

- Fixed airfares: if your airline ticket was issued in advance, often done to avoid significant surcharges, you will be charged 100% of any non-refundable fees if you wish to change or cancel your flight plan.
- Fixed in-country costs: early charges for firm bookings will be charged if you cancel or modify your trip.
- Insurance costs: if you have taken out comprehensive or cancellation insurance, the cost of insurance is due and cannot be refunded.

Please note that fees apply according to the date Altaï Indonesia receive your cancellation or modification request in writing.

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

Changes to travel contract

If you wish to make a change to your booking please contact Altaï Indonesia in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Altaï Indonesia may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

Pricing

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. We reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

Contract transfer

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

Insurance

We strongly recommend that you take out personal travel insurance for your trip with Altaï Indonesia as soon as your booking is confirmed. We advice you to purchase a travel insurance policy which covers flight cancellations, luggage loss and

emergency health care. Please look carefully at which activities are covered by your insurer and do not forget to bring all necessary documents and information with you (name of the company, name of the contract, insurance policy number, telephone number...)

PRACTICAL INFO

Food

This List will be serving by our crew. They will decide how the rotation of all those foods to make the difference food every time of Breakfast/Lunch/Dinner. If you has food allergy, just let us know!

Breakfast

- Pancake (Lombok style Banana or Pineapple Pancake Served with cheese and or chocolate Cream)
- ToastTwo eggs any style (Omelette, Fried Eggs or Boiled Eggs)
- Pisang Goreng (Golden Fried Floured Sweet Banana)
- Fruits Salad
- Coffee and Tea

Lunch and Dinner

- Lombok Mie Kuah (Lombok's Noodles Soup Served with Vegetables and Boiled Eggs)
- Lombok Mie Goreng (Lombok's Fried Noodles Served with Vegetables, Eggs and Fried Chicken)
- Lombok Nasi Goreng (Lombok's Fried Rice Served with Fried Eggs and Chicken)
- Nasi Campur (Steam Rice served with scrambled vegetables and chicken)
- Chicken CurryFruits Salad
- Coffee and Tea

Accommodation

- In hotels in a double / twin room (standard equivalent to 2 or 3 * French). Private sanitary facilities.
- In losmen some nights (equivalent to hostels or local guest house held by locals), simpler comfort.
- Homestay: basic comfort, sleeping can be common, sanitary to share.
- In camping site: regular tent for 2 pax per tent

These accommodations, although more rustic, allow you to immerse yourself in local life.

If you wish, to promote the exchange and sharing, you can provide a little attention for our guests (eg local specialty of your region, ...)

* Hot water is sometimes not available in all rooms.

Transportation

You only carry your belongings for the day, your big luggage stays in the hotel during the trekking days.

Budget & exchange

The currency in Indonesia is the Indonesian Rupiah, Rp (IDR)

Visit <http://www.xe.com> for the latest currency converter and exchange rates. You can withdraw Indonesian Rupiahs from in-country ATMs or exchange money at the airport/local currency exchange offices. ATMs and exchange desks are only found on bigger islands like Bali (Denpasar, Ubud, Sanur). The cost of an average meal in Java is around 3US\$ to 8US\$; in Bali it is 4US\$ to 11US\$.

When purchasing souvenirs, we ask that our travelers resist the temptation to buy traditional items which are part of local families/the countries heritage. We also ask our travelers to respect the Species Protection Agreements (CITES) which aims to protect more than 2,500 species of animals and 30,000 species of threatened plants by prohibiting the trade of hides, ivory, scales, corals, shells, and the import of live exotic animals.

Tips

Tipping is not an obligation and must be left to everyone's discretion.

Nevertheless, in Indonesia it is customary to leave one when you are satisfied with the service rendered. Its amount depends on the appreciation of it and must take into account the local economy.

Tips too important, given the general standard of living of the country visited, destabilize local economic balances. As a reminder, the tip is a supplement and does not replace their remuneration. Indeed, anyone acting on our trips being paid elsewhere.

We recommend a budget of 8€ to 10€ per person per day for tips during trekking days.

Vital equipment

During your trekking. Please put on Small/Medium Bag or carrier, Don't bring unnecessary item

- Head Light or Torch or Flashlight
- Long trek pants
- wind proof/Stopper is recommended
- 2/3 pcs of T-Shirts
- Glove
- Sun Glasses
- Sun block/lotion, Spray for muscle/balm
- Trekking Pole
- Trekking Shoes
- Walking shoes also fine, as long as you're comfortable and not slippery (Good grip)
- Windproof Jacket & Light Raincoat
- 2 pcs of shorts
- Small Towel
- Health Certificate: Covid 19 Free Certificate (Swap test or Rapid test or Vaccine) & Health/Doctor certificate

Helpful equipment

You may also want to bring:

- A camera and spare batteries/portable charger
- A power plug travel adapter
- A head torch and spare batteries
- A pocket knife
- A fast drying micro-fibre beach towel
- A bath towel
- Blister plasters
- A small personal first aid kit
- Zip lock bags to protect your important documents and electronics
- A laundry bag/bin bag for your dirty clothes
- Tissues
- Earplugs

Medicine

Your guide is a trained first-aider and will carry a full first aid kit at all times during the trip. We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers.

Passport

To go to Indonesia travelers need a passport which is valid for at least six months after the date of entry. It is your responsibility to confirm your specific passport requirements and proof of onwards travel is required.

Visa

Visa on Arrival

Travelers applying for visa on arrival must submit:

A passport that is valid for a minimum of 6 (six) months,

A return ticket or onward ticket to another country,

Visa on Arrival fee of 500,000 IDR

Proof of ownership of health insurance which includes financing for COVID-19 and medical evacuation

Visa on Arrival initial validity is up to a maximum of 30 days and can be extended once for up to another 30 days at the local

Immigration Office.

It is your responsibility to confirm your specific visa requirements.

Mandatory vaccines

For clients who come from Saudi Arabia, you need to be vaccinated against meningitis 10 days before your arrival in Indonesia.

Health information & recommendations

It is your responsibility to check that your personal insurance covers everything in this trip. A consultation with your doctor is a prerequisite for any trip. Malaria prophylaxis is advised if your trip goes to Flores, Komodo, Sumatra, Sulawesi, the Sunda Islands or Kalimantan. Anti-malaria treatments are not necessary in Bali, Java or Lombok. Avoid contact with mosquitoes as much as possible: apply repellents, wear long trousers/sleeves and sleep with a mosquito net. The World Health Organisation can provide further details of the latest health news and medical advice.

Weather

Indonesia is positioned on both sides of the equator making it subject to a similar climate year round. As a rule the South is generally drier and less hot. The average temperature ranges between 24°C and 35°C (75°F and 95°F). We cannot guarantee no rain but we can suggest that the best season to visit Indonesia is the dry season, from mid-April to October/November.

On the summit of Rinjani is around 15°C or less.

Electricity

Indonesia uses European-style plugs with two round pins. Voltage is normally 220 V 50 Hz except in a few places where it is 110 V.

Local time

Indonesia is spread across three time zones. The Lesser Sunda Islands use Coordinated Universal Time (UTC)/ Greenwich Mean Time (GMT) +8. Indonesia does not use Daylight Saving Time (DST).

Sustainable tourism

As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during our trip...

1. Be prepared
2. Stick to trails and camp overnight right
3. Stash your trash and pick up waste
4. Leave it as you find it
5. Be careful with fire
6. Respect wildlife
7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates.

Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.